

**SOC 3290 Deviance**  
**Overheads Lecture 11: Social Control Theory**

\* Social control theory:

- assumes people will deviate
- focuses on why people conform to society
- argues deviance results from lack of control

**Theoretical Images:**

- \* Definitions of social control: (1) Deterrence  
(2) Related to socialization
- \* Deterrence: formal social control of rationally calculated actions through punishment. Three components:
  - (1) Severity
  - (2) Certainty
  - (3) Swifttness
- \* Two types of deterrence: (1) General (i.e. the public)  
(2) Specific (i.e. the offender)
- \* Increased questioning of deterrence led to broader focus on socialization / informal social sanctions rooted in social disorganization theory
  - normative chaos disrupts socialization
  - disrupted socialization weakens internal normative constraints

\* Walter Reckless (1973): containment theory: social disorganization mediated by social psychological factors:

- (1) Inner containment &
- (2) Outer containment.

\* If outer containments are disrupted by disorganization, inner may still restrain the individual from deviating

\* Ivan Nye (1958): focus on the family as agent of socialization. Basic animal instincts restrained by:

- (1) Internal control
- (2) Indirect control
- (3) Direct control
- (4) Need satisfaction

\* Travis Hirschi (1969): Strong social bonds bearing conformist values inhibit criminal behavior. Four types:

- (1) Attachment
- (2) Commitment
- (3) Involvement
- (4) Belief

\* John Braithwaite (1989): social control may be accomplished through “reintegrative shaming” / invoking remorse in the wrongdoer while showing them respect

\* D. Matza (1964): Emphasizes neutralization of delinquent acts through process of rationalization

- \* Gottfredson & Hirshi (1990): General theory of crime focuses on low self control rooted in childhood with inconsistent punishment
- \* Sampson & Lamb (1993): Life course theory: trajectories & transitions
- \* All variants of social control theory suggests that some form of control prevents deviance, & lack of control releases it

### **Social Control Theory & Social Policy:**

- \* Formal deterrence: increase the severity, certainty & swiftness of punishment
- \* Informal socialization: counseling, education & work projects

### **Assessment of Social Control Theory:**

- \* Formal Deterrence:
  - inconsistent empirical support
  - specific deterrence often has opposite effect on recidivism
  - not all crimes rationally calculated
  - public unaware of penalties for specific crimes
  - “real world conditions” where punishments anything but swift, certain or severe
  - general deterrence shows inconsistent support/ varies by crime
  - adjusting swiftness/certainty of punishment may be unconstitutional/violate human rights

\* Informal Socialization:

- vague concepts / overlap conceptually
- relative importance of inner/outer controls little studied
- empirical support for Hirschi's theory with adolescents/ not adults (where multiple attachments may be a problem)
- reintegrative shaming may not work in our culture/ with hardened criminals
- distinction between deviants/conformists an oversimplification
- social control practices may cause of deviance
- more research needed on relative effects of formal/informal social controls