S/A 4074: Ritual and Ceremony Lecture 1: Defining Ritual 1

- * Until recently, mentioning "ritual" to a sociologist would garner little reply, or claims it was for anthropology or religious studies to sort out
- * Upon more prodding, three responses might come up:
 - (1) "Ritualism" a form of deviant adaptation (Merton);
 - (2) Rituals of subordination and domination (Anarchist/ Feminist literature/ Garfinkel);
 - (3) "Interaction ritual chains" (Collins).
- * None properly address the question: what is ritual?
- * Rothernbuhler attempts to sort this out:
 - -distinguishes rituals as events (nouns) and the ceremonial aspects of everyday activities (adjective). Broadens scope of term.
 - -emphasizes communicative aspects
 - -focuses on formal properties of ritual as distinguishing aspect

Prior Definitions: Factors

- **(1) Action:** Ritual involves action, not just thought:
- Relationship between ritual, myth and belief: separate or fused?
- Relative fluidity of belief vs. ritual forms
- Ritual a form of action, not just a process of thinking
- **(2) Performance:** Ritual is performed as "an aesthetically marked and heightened mode of communication, framed in a special way, and put on display for an audience"

- Ritual follows pre-existing conceptions, formal or informal
- It is always performed for someone
- Competence is an issue
- **(3) Conscious, Voluntary:** There is usually something conscious and voluntary about ritual
- Degree of voluntariness vs. compulsion: costs?
- **(4) Non-instrumental or Irrational:** Many have considered instrumentality, rationality and the means-ends relation in definitions of ritual
- Ritual has been called nonrational when not used for technical purposes, or when technical purposes are metaphysical (e.g. magic)
- Yet these can perform other social functions (e.g. reducing tension, producing consensus, inspiring action)
- **(5) Not Recreational:** Rituals are not just recreational: something serious is usually going on (i.e. ritual has an earnest side, even when playful)
- **(6) Collective, Social:** Ritual is not only done for individual purposes: there is always something socially structured (language, ethics, standards, etc.)
- **(7) Expressive of Social Relations:** Ritual involves the use of modes of behavior that are expressive of social relationships.
- Symbols have among their referents the social relations, orders and institutions of society
- Some argue that by reading the key rituals of society, one can map its social structure
- Role of language: to speak is to embody language and meaning, placing both in a position in the social order and constituting it
- (8) Subjunctive, Not Indicative: Rituals are often not about what

- is, but what could be, might be, or should be
- Many make the mistake of expecting rituals to be indicative of what is.
- Rituals are also liminal: having a threshold or in-between space offering a time-out from ordinary social roles for reflection and creativity
- **(9) Effective Symbols:** Beyond the ordinary ways language gets things done, the symbols of ritual are powerfully transformative (e.g. rites of passage, prayer).
- **10. Condensed Symbols:** Socially important symbols have layers of meaning and multiple, simultaneous referents.
- Social analysis must unpack the layers of condensed meanings and follow the ramifications
- Condensed symbols are richly ambiguous, flexible, and adaptive to multiple social uses, working in different ways for different people simultaneously
- Problems arise when social change removes prior referents, though opinions vary on whether this is a sign of healthy growth or pathology

(11) Expressive or Aesthetic Behavior: Aesthetic Excess:

- Some claim the hallmark of ritual is aesthetic "excess" (depends on ability to distinguish practical and expressive acts). Problematic
- Yet it is still important to consider the expressive as one of the key modes of ritual
- **(12) Customary Behavior:** Rituals are forms of customary behavior. There is always something stereotyped, standardized, stylized, relatively invariant and formal
- "There are right ways to do things"

(13) Regularly Recurring Behavior:

- Ritual is regularly recurring in social groups
- Cycles are dictated by group norms
- **(14) Communication Without Information:** Some claim that ritual communication works in strange ways from the perspective of information theory: they do not carry much information and have more to do with performing

(15) Regarding the Sacred:

- Many emphasize that ritual is action regarding the Sacred.
- The problem is that the Sacred varies by context and group
- The Sacred is whatever is treated as unquestionable, treated as more important than just an object of nature
- Ritual is an element of the serious life

A Communicative Principle & Final Definition:

Incorporating the elements in the above discussion, ritual, according to Rothenbuhler, is defined as:

"The voluntary performance of appropriately patterned behavior to symbolically effect or participate in the serious life."