



Camp Karluk ABCs

The Scout Law is the Law of this Camp.

Newfoundland and Labrador Council

Jamboree for Cubs, Scouts and Venturers

Camp Nor' Wes, June 26 – June 29, 2009

Celebrating the 100th Anniversary of Capt. Bob Bartlett, Arctic Explorer.



ARE WE IN THE RIGHT PLACE? – You bet! Camp Nor' Wes is a great spot to camp. Enjoy your stay.

ACCIDENTS -- Report all accidents/injuries to camp administration or the onsite medical centre. **An Incident Report Form must be completed. The forms are available at the medical centre or camp administration office if you did not bring one.**

BADGES — Badge trading is a popular activity at camp. Please ensure that if youth have badges to trade, they bring them along. Youth are reminded that the badges they earn as part of their program are not permitted to be traded. The camp badge is not to be worn on your section-uniform, but may be worn on a jacket or blanket.

BANK – There will not be a bank on site. Cash machines are available in Port Blandford. Banking services are available in Clarenville (40 minutes east of the camp) and Glovertown (about 50 minutes west of the camp).

BBQ – Propane BBQ's are permitted in the tenting area. Briquette BBQ's are not to be used.
NO OPEN FIRES ARE PERMITTED.

BEARS – Black bears do pass the camp from time to time. Report any sightings to camp administration.

BUSSES – The Eastern Avalon Area is coordinating bus transportation from the St. John's area to the site. Information to follow. The busses will only accept passengers. Unit equipment such as food and tenting equipment will have to be transported by the group.

CAMP CHIEF – Bill Hickey, Newfoundland and Labrador Council Commissioner.

CAMP NOR' WES —A beautiful Scout Property on Northwest Pond. See Google Earth below.

CAMPING/OUTDOOR ACTIVITY GUIDE – Please read the current issue, available at www.scouts.ca (then click on For Scouters and then click on BP&P / Admin the click on the English or French Version of BP&P the select Section 10000 – Now that was easy wasn't it?) for the latest rules and regulations for camping and outdoor activities.

CANTEEN – There will be no canteen services on site.

CLOTHING – Please ensure you have everything you will need. Each article of clothing should be marked with the owner's name to guard against loss.

COOKING/CLEANING – Cooking and cleaning for yourself and your pack/troop/company is part of the Scout camping tradition. You should be prepared to pitch in and do your share - then it can be done quickly and efficiently. You should talk to your leader about the meals that are planned for the camp. You may even wish to try cooking a few meals at home.

DAILY ROUTINE – An Example

7:00	-	7:05 am	-	Rise and Shine
7:45	-	8:25 am	-	Breakfast
8:25	-	8:30 am	-	Flag Break, Thought for Day
9:00	-	12:00 noon	-	Morning program
12:00	-	2:00 pm	-	Lunch and rest period
2:00	-	5:00 pm	-	Afternoon program
5:00	-	6:00 pm	-	Supper meal
6:00	-	7:00 pm	-	Free time
7:00	-	10:00 pm	-	Evening program, Flag lowering
10:25	-	10:30 pm	-	Participants to sites
11:00	-	11:05 pm	-	Bed – Lights Out
11:00	-	6:00 am	-	Quiet hours

DINING FLY – KITCHEN SHELTER – A dining fly or kitchen shelter is a must for camp to protect you from sun, rain and wind. Each patrol must supply its own tarps, ropes and poles. Dining Shelters are great, but should not take up space better used for tents!! You will be allowed to trim neighbouring brush to accommodate these items.

DISCIPLINE – Remember, from the time you leave home until you return, you are representing Scouting and your Group.

DISPLAYS – A number of special displays are planned for the camp. Make sure you don't miss any that interest you.

DO NOT BRING – Leave your firearms, air guns, BB guns, archery equipment, slingshots, and fireworks at home. The only equipment of this nature permitted on site will be that supplied by the camp program committee.

DRINKING WATER – Safe, tested, drinking water is available from a number of strategically located taps throughout the site. Our water source is an artesian well. The water source is tested by the NL Department of Health. You must not use the tap areas as sinks for washing dishes or brushing your teeth. Water should be put into containers and brought back to your site.

DUTY PATROLS – From time to time, camp organizers will need assistance. Each group should be prepared to volunteer some time to help with odd chores.

EQUIPMENT TO TENTING SITE – Every effort will be made to allow groups to drop their equipment at their site.

EXCHANGE MEALS – One of the purposes of the camp is that Cubs, Scouts and Venturers meet and mix with each other. Leaders should approve invitations or acceptance of invitations.

FOOTCARE – During the camp, you will cover a considerable distance by foot. New footwear should be "broken in" before you go to the jamboree. Always bring an older pair of sneakers for muddy or wet activities that can be thrown away at the end of camp. Keep your feet as dry as possible.

FITNESS FORMS – Medical (Fitness) Forms are only required to be filled by non-registered parents or other help attending the camp. On the final registration form, we will be asking for each youth name, MCP number and expiry date, and any allergy information. Leaders need to ensure they bring a copy of the Program Participant Enrolment Form as this includes the medical information. If in doubt, contact the scout office.

FIRE – Every camper is a fire warden. This means that everyone must take every precaution to prevent property damage by fire. Fire fighting equipment is available at the site. This does not relieve you of the responsibility of exercising extreme caution in the use and storage of stoves and fuel. Site staff will monitor site safety during the camp.

If a fire should occur, the first person noticing it should shout **"FIRE"** as loudly as possible. One person should notify the nearest adult and the subcamp headquarters immediately.

A small fire extinguisher should be part of your kitchen equipment for stove flare-ups.

If a fire does occur in or near tents, go to a safe area, preferably the swimming beach area or the main parking lot. All youth members are to accompany their leaders.

FIRST AID – Scouters will generally attend to minor bumps and scratches. The Camp Medical Centre will have medical personnel in attendance. The Centre will be staffed around the clock to handle accidents or illness. Emergency cases will be transferred to the Clarenville Hospital.

FISHING – Northwest River is a licensed salmon river. The pond, however, upstream from the NO-FISHING signs, is open to trout fishing. If you want to try your luck at getting a fresh trout for breakfast, lunch, or dinner, just bring along your fishing gear.

FLAG BREAK – Flags are to be prepared for breaking at each subcamp and at camp headquarters. The procedure will be announced.

FLAG LOWERING – All flags will be lowered at dusk. The procedure will be announced.

FLIES (Insects) – Black flies and mosquitoes can be a problem. Bring appropriate fly spray or lotions. Keep your fly screens closed during the day so that the mosquitoes and other insects will not invade your tent or cook shelter during the day. Bring a can of RAID to dispatch any flies in your tent.

FOOD – As groups are responsible for their own feeding supplies, groups need to ensure that they have adequate supplies of ice (see ICE below) and coolers. The camp has limited food storage equipment, which will be used for staff feeding needs.

FORMS – Leaders must have a copy of original registration forms, registration master sheets with MCP (medical card) and allergy information.

FUEL – Whether you are using Naphtha (white gas) or Propane or other fuels for cooking purposes, all of these fuels are dangerous if not handled extremely carefully.

Everyone using Naphtha must have and use a funnel to fill their tanks. Only one container of fuel should be on your site at any time and should be stored safely away from the cooking area. Propane users should ensure all fittings are tight and spare tanks are stored safely. Turn off the main propane tank if leaving your camp site unattended.

GARBAGE – Disposal units will be provided and must be used at all times. Littering is prohibited anywhere on the site. All participants must ensure that the jamboree site is kept clean. Recycling of beverage cans and tetra pack juice containers is encouraged.

GOOGLE EARTH – Camp Nor' Wes looks great on this site. In Google Earth fly to **48 25.26'N 54 15.65'W**

GROUND SHEETS – You will be camping on a sandy/gravel base camp site. Please remember to bring groundsheets for your tent and for your sleeping bags. An old mat placed outside your tent door will cut down on the dirt tracked inside your tent.

HEALTH CENTRE – A health centre staffed by a qualified medical team will operate on a 24-hour basis.

ICE – Units will be able to pre-order ice from Staff Feeding. Details to follow.

IDEAS – As you meet other jamboree participants, find out what program ideas they are using back home. Maybe they have an idea which could add something special to your program.

LOST AND FOUND – All uniforms and personal equipment should be well marked with a name and home address of the owner. The Jamboree Admin Centre will provide a safe place to store valuables on a temporary basis, if requested, at the owner's risk. Those seeking lost items should inquire at the Admin Centre. If you find an item which does not belong to you, turn it in to the Admin Centre.

MAPS – Each unit will be provided with maps of the site indicating program areas, camp-site locations, etc.

MENU – Plan your menu carefully ensuring you have adequate cooling and refrigeration.

MUSICAL INSTRUMENTS – Any youth wishing to bring a musical instrument is encouraged to do so, provided it is used only with the consent of the leader.

NEIGHBOURS – Be a good neighbour. Do not use other unit campsites as a right of way. Please use the paths and roadways provided. Do not trespass on camp facilities or areas marked "**OUT OF BOUNDS**".

NFLD & LAB SCOUT OFFICE – The office will be closed during the jamboree period. Any calls related to the Jamboree or participants should be directed through (709) 682-0790 which is a local call from the Eastern Newfoundland Aliant calling area. The office will reopen on July 2, 2009.

NEWSPAPER – It is hoped that a daily newspaper will be published at the camp. It will be distributed through the subcamps, one copy per camper. Save them as a souvenir of the event.

OPENING CEREMONY – An Opening Ceremony is planned for Friday evening. Details to follow.

PARKING – All vehicles belonging to visitors or campers must be parked as directed by Camp Staff.

PASSES – Any participant wishing to leave camp should advise camp administration or the communications centre.

PARENT/GUARDIAN CONSENT FORM – This form is available on the Scouts Canada website – www.scouts.ca - under *BP & P, Section 20000*. This form provides emergency contact numbers in case of emergency.

PERSONAL HYGIENE – Personal hygiene is very important. **ALWAYS** wash hands after using washroom facilities and/or before touching food. Each participant should have their own bottle of personal hand sanitizer. It could prevent a case of stomach upset and an overnight stay in the hospital. Wash your hands!

PETS – Are not allowed on the jamboree site.

PHOTOGRAPHY – Camera use is encouraged to record each participant's experience at camp.

PICNIC TABLE – One picnic tables will be supplied to each eight campers. The subcamps will supervise distribution of the tables.

POCKET MONEY – Only needed for your drive to and from camp.

PRESCRIPTIONS – Please don't forget to bring prescription medicines you require for your good health at camp. Adequate storage for perishable medicines is available at the medical centre.

PROGRAM AREAS – Are located around the site. A map showing them will be given to leaders. Programs schedule to be determined. Watch your e-mail for program updates.

PROGRAM HEADQUARTERS – Will be open at posted hours to help with program items.

PROGRAM PARTICIPANT ENROLMENT FORM – Each leader must ensure they have a copy of this form for each member. The form completed at September registration is acceptable. Leaders should confirm contact names and telephone numbers.

QUESTIONS – If you have any questions after reading this document, ask your leader. He/she should be able to find the answers you need answered before you arrive at the camp.

QUIET HOURS – 11:00 pm to 6:00 a.m. daily.

RADIO – Local radio AM/FM reception is poor. Participants are asked not to bring two-way style radios.

RAIN – If it rains during the day, MAKE SURE YOU STORE SLEEPING BAGS AND CLOTHES IN WATERPROOF BAGS. IF IT RAINS AT NIGHT, MAKE SURE YOU HAVE EXTRA PLASTIC OR TARPS TO PUT OVER LEAKY TENTS!

RECYCLING – All beverage materials will be collected at the depot on site. Do your part to help your environment. Proceeds will go to support camp operations.

REGISTERED – Each youth and leader must be registered on our Membership Management System (MMS).

SCOUTS OWN – A Scouts Own will be held on Sunday morning.

SECURITY – You should secure your campsite before you leave it each day. A box with a lock for valuables is a good idea. The Admin Office can store your valuables, at your risk.

SHOWERS – Showers will be scheduled for youth and adults in accordance with male and female ratios. Indoor and outdoor warm showers are on-site.

SLEEPING BAGS – Should be aired daily, especially if they are damp. Damp sleeping bags will make for a miserable night's sleep. A ground sheet or closed-cell foam sleeping pad will make for a much more comfortable night's sleep.

SMOKING (ADULT) – Adults are role models for our youth. Adults must not to smoke in the presence of Scouts and Venturers.

SOUVENIR CREST (2) AND T-SHIRT – Each participant at the camp will receive at least two jamboree crests, and one T-shirt designed as souvenirs of the jamboree. A limited number of crests and T-shirts may be for sale at the administration office. We will ask for T-shirt sizing in another mailing.

SWIMMING – Swimming is permitted in Northwest Pond only in the Swimming Beach area and with the permission and constant supervision of a leader.

SUBCAMPS – There will be three subcamps at the jamboree – Cub Subcamp - Chief Janet Noseworthy, Scout Subcamp - Chief Colleen Nelson, and Venturer Subcamp - Chief Craig Moores.

SUNBURN/SUNSTROKE – Both can be dangerous and painful. Bring a supply of sun screen SPF25 and higher.

SUPERMARKET – There will not be a supermarket on site. The nearest grocery store is 10 km from the tenting site!!

TELEPHONE – The campsite is generally a local call from St. John's on the Aliant system. The Camp telephone number is (709) 682-0790 (which you should pass along to parents). In case of emergency at camp, participants will be able to call home. If there is an emergency at home, parents should call the number above and leave a message. As soon as we can find the participant concerned, we will deliver the message and have them return the call. The message system will be checked regularly.

Cellular reception and service, at the site, on handheld personal sets is poor to non-existent.

THEME – Captain Bob Bartlett – Polar Explorer.

TREES – There will be no cutting or damage of trees.

UNIFORMS – The Camp T-shirt will be the camp uniform.

VEHICLES – There will be a parking area less than 400 meters from tenting sites. Jamboree headquarters cannot accept responsibility for the safety of parked vehicles or their contents, so you should keep them locked. Groups will be allowed to drive to the group tent site to unload/load supplies during arrival/departure.

VISITORS – Parents and friends of Scouting are welcome to visit during the camp. It will be impossible to provide overnight accommodation for visitors. All visitors must be off site by 9:30 pm.

VOLUNTEERS – Non-registered adults attending the camp to assist with program, maintenance or unit chores will be required to complete a Police Record Check (applications available from the group or the Scout office) and will also need to bring a completed copy of the Scouts Canada "Physical Fitness Certificate for Non-Members" (available in Section 20000 of BP & P).

WASHING – Each patrol should include at least two wash pans in their equipment. Water from the taps in the subcamps is meant to be used on your own patrol site for washing. (There will be limited showers available.)

WEB PAGE – Keep an eye on the Camp Web page for any new items or any older items. The Web-page address is http://www.scouts.nfld.net/pages/camp_karluk_2009.html. The main NL Scout site is <http://www.scouts.nfld.net/>.

WILDLIFE – We do see foxes, black bears, squirrels, moose, coyotes, blue jays and rarely lynx around the site from time to time. Keep garbage at your site to a minimum. Contact camp personnel if you see any large, toothy!! four-legged wildlife.

XYLOGRAPHS – These do not look nice on trees or picnic tables. Please do not deface our campsite.

YOU – You are the camp, and the success of this huge undertaking will depend to a large degree on the manner in which you co-operate and abide by the rules and regulations.

ZIP – In to Camp Nor' Wes on June 26 and plan to have a great camp. The jamboree staff are waiting to welcome you.

NOTES

Any updated Camp ABCs will be posted on the Camp website and emailed out to groups